

## 2010 Ballet Water Routine – Ski Side Story

Country vs. Rock (Line up will be ½ & ½ splitting in the middle)

Although it is ½ & ½ the entire line will do the same movements throughout.

Rock = Short end / Country = Tall end

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### Off the Dock – Legs

\*\*Ready and Knee - 1. Down, 2. Knee, 3. Stag, 4. Knee 5. Down 6. Knee 7. Stag 8. Knee

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**FIRST PASS** – Rock shows there stuff while Country “is keeping up” – ALL HANDS JAZZED (SPIRIT FINGERS!) and STRAIGHT ARMS (elbows kissing your ears)

ROCK – I love Rock and Roll by Joan Jet

1<sup>st</sup> 8 Count Braced

1. Straight out in front
2. Up straight (to ear)
3. Behind head – LOOK TO CROWD
4. Up straight (to ear)
5. Down (PINKY will be touching your thigh)
6. Up straight (to ear)
7. Behind head – Exaggerated look over right shoulder
8. Up straight (to ear)

2<sup>nd</sup> 8 Count – Released

1. Right L – Right arm straight up and Left straight out towards front ski
2. Left L – Left arm straight up and Right straight out towards back of ski
3. Both arms straight up (to ears)
4. “T” – both arms out creating a “T”
5. Down (both PINKIES will be touching your thigh)
6. Both arms straight up (to ears)
7. Middle (elbows touching sides)
8. Brace (Right hand on neighbors hip and Left arm touching neighbors shoulder)

REPEAT 1<sup>st</sup> 8 Count x 2 - On last count Peel from tall end to short (hands switching to BLADE and Left arm touching neighbors shoulder)

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COUNTRY – Music Redneck Woman by Gretchen Wilson

**SECOND PASS** – Country shows that they have moves too – with Rock Girls “trying to keep up” – ALL HANDS BLADE (FINGERS TOGETHER) and ARMS IN “V” POSITION

1<sup>st</sup> 8 Count Braced

1. Left arm slaps down
2. Up straight (arm creating a “V”)
3. Turn to crowd (Exaggerated Head snap to look at the crowd)
4. Circle head – Lasso style
5. Down (PINKY will be touching your thigh)
6. Up straight (arm creating a “V”)
7. Circle head – Lasso style
8. Straight out in front

2<sup>nd</sup> 8 Count –

1. Left arm slaps down
2. Up straight (arm creating a “V”)
3. HOLD
4. Circle head – Lasso style
5. Down (PINKY will be touching your thigh)
6. Up straight (arm creating a “V”)
7. Circle head – Lasso style
8. Straight out in front

REPEAT 2<sup>nd</sup> 8 Count x 2

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### **Legs Coming into Shore**

After arms and the “two families” working together to show that each could keep up with the others style – the “dance off” continues coming in

Rockers start **Kicking UP** / Country start kicking **LOW**

ROCKERS – 1. Kick Straight UP, 2. Knee, 3. Kick Low, 4. Knee, 5. Kick Straight UP, 6. Knee, 7. Kick Low, 8. Knee

COUNTRY - 1. Kick Low, 2. Knee, 3. Kick Straight up, 4. Knee, 5. Kick Low, 6. Knee, 7. Kick Straight up, 8. Knee