

2010 Ballet Starting Dock Dances – Ski Side Story

Rock = Short end / Country = Tall end

Rock Dance – AC/DC – Back in Black

ALL HANDS JAZZED (SPIRIT FINGERS!) and STRAIGHT ARMS (elbows kissing your ears)

Line up in two rows - back row arms up (Jazz Hands/Arms to ears) ** Front row Sides arms straight out "T" (Jazz Hands) ** Front row middle girls hands on knee w/ right leg bent

1st 8 Count

1. Arms straight up on tip-toes
2. Arms low V w/ Right hip popped out
3. Left foot to knee w/ arms low V (stand up straight) (facing left)
4. Bring right arm around (circle) to crouch w/ knees bent (facing left)
5. Pop up (facing forward) arms "T" w/ feet apart
6. Hands to knees – looking to crowd (strong shoulders)
7. Pop up w/ left foot forward – Right hip popped (diagonal) (ready for guitar)
8. Guitar (right hand in fist) – rock hips as strumming guitar

2nd 8 Count –

1. Guitar (right hand in fist) – rock hips as strumming guitar
2. Jump to the back (butt facing crowd) arms straight (to ear)
3. Brace neighbors (feet apart)
4. Drop head
5. Sway Right
6. Snap head to right (exaggerate)
7. Sway Left
8. Snap head to left (exaggerate)

3rd 8 Count –

1. Sway to middle (head down)
2. Snap head up straight
3. Turn left arms to ears (feet together)
4. Bend over (hands Jazzed) legs straight/together – HEAD DOWN
5. ½ Crouch – arms bent in "V" – legs bent w/ head up
6. Bend over (hands Jazzed) legs straight/together – HEAD DOWN
7. Pop up – hands to ears (feet together)
8. Left arm open to crowd (look at crowd) (rock hips left)

1. Arms straight to ears – look forward
2. Left arm open to crowd (look at crowd) (rock hips left)
3. Arms straight to ears – look forward
4. Low V walk towards water / 5-8 High V, Low V walk off

COUNTRY –Alan Jackson - Chattahoochee

ALL HANDS BLADE (FINGERS TOGETHER) and ARMS IN “V” POSITION

1st 8 Count - standing w/ arms at sides, feet together and head down

1. Right leg out w/ V arms (open right hip) – look up
2. Arms at side, feet together and head down
3. Left leg out w/ V arms (open left hip) – look up
4. Arms at side, feet together and head down
5. Left Hip pops left, Right hand on hip w/ left hand serving position (left foot will out facing shore)
6. Rock hips back and look back over right shoulder
7. Rock hips forward and look over left shoulder
8. Left leg kicks up as turning over right shoulder (facing back) and left hand serving (Spin to face forward)

2nd 8 Count –Up straight (arms creating a “V”)

1. arms at side, feet together
2. Hold
3. “Hit” Right heel w/ left hand (heel inward)
4. “Hit” right heel w/ right hand (heel outward)
5. “Hit” Right heel w/ left hand (heel inward)
6. Snap arms down and feet together
7. Brace (feet together)
8. Prep

3rd 8 Count – Middle Kicks

1. Right Kick 2. Prep 3. Left Kick 4. Prep 5. Rick Kick 6. Prep 7. Left Kick 8. **Feet together slap arms at side**

4th 8 Count –

1. **Grapevine right (hands on hips) (Step out with right foot)**
2. **Grapevine right (hands on hips) (left foot behind right foot)**
3. **Grapevine right (hands on hips) (Step out with right foot)**
4. **Step together w/ little jump and clap**
5. **Grapevine left (hands on hips) (Step out with left foot)**
6. **Grapevine left (hands on hips) (Right foot behind left foot)**
7. **Grapevine left (hands on hips) (Step out with left foot)**
8. **Step together w/ little jump and clap**

5th 8 Count –

1. **Low Kick w/ right leg (hands on hips)**
2. **Feet together (hands on hips)**
3. **Low Kick w/ left leg (hands on hips)**
4. **Feet together (hands on hips)**
5. **Turn to right (face crowd) lean over left shoulder hands JAZZ – step with left foot**
6. **Bring right foot together with left (standing up straight)**
7. **lean over left shoulder hands JAZZ – step with left foot**
8. **Step together with both feet facing forward hands at side (to walk to ski)**